

Digital Footprint

Every time you go online you leave a trail like a footprint. It reveals where you've been, what you've been doing there, and how long you stayed. Every time you register for an online service, send an email, download a video or upload a photo, the information can be accessed and your digital footprint can be revealed. It is advisable to be aware of your digital footprint and to be cautious when you are online.



Four top tips for taking care of your digital footprint

- 1 Don't forget to log off when you leave a website, especially if you are using a shared computer. If you don't, someone can easily pretend to be you!
- 2 Don't tell anyone your passwords. Make them more complex by using a combination of letters, numbers and punctuation marks.
- 3 If you want to post any comments online, you shouldn't use your own name. Create a nickname to use instead. You can also use a picture instead of a real photo.
- 4 Protect your identity online. Be careful about who you share personal information with and always think twice before sharing details like your email, home address, school or phone number with someone.

Adapted from: https://learnenglishteens.britishcouncil.org/sites/teens/files/your_digital_footprint_-_article.pdf

