

# รายวิชา ภาษาอังกฤษ

รหัสวิชา อ22101 ชั้นมัธยมศึกษาปีที่ 2

หน่วยการเรียนรู้ที่ 2 Food

เรื่อง Eating Habits

ครูผู้สอน ครูวัลลภ ใจหมั่น



He is allergic to peanuts.

[adj.]

[allergen]

I am allergic to ..... [allergen]





# Eating Habits



She is allergic to shrimps.

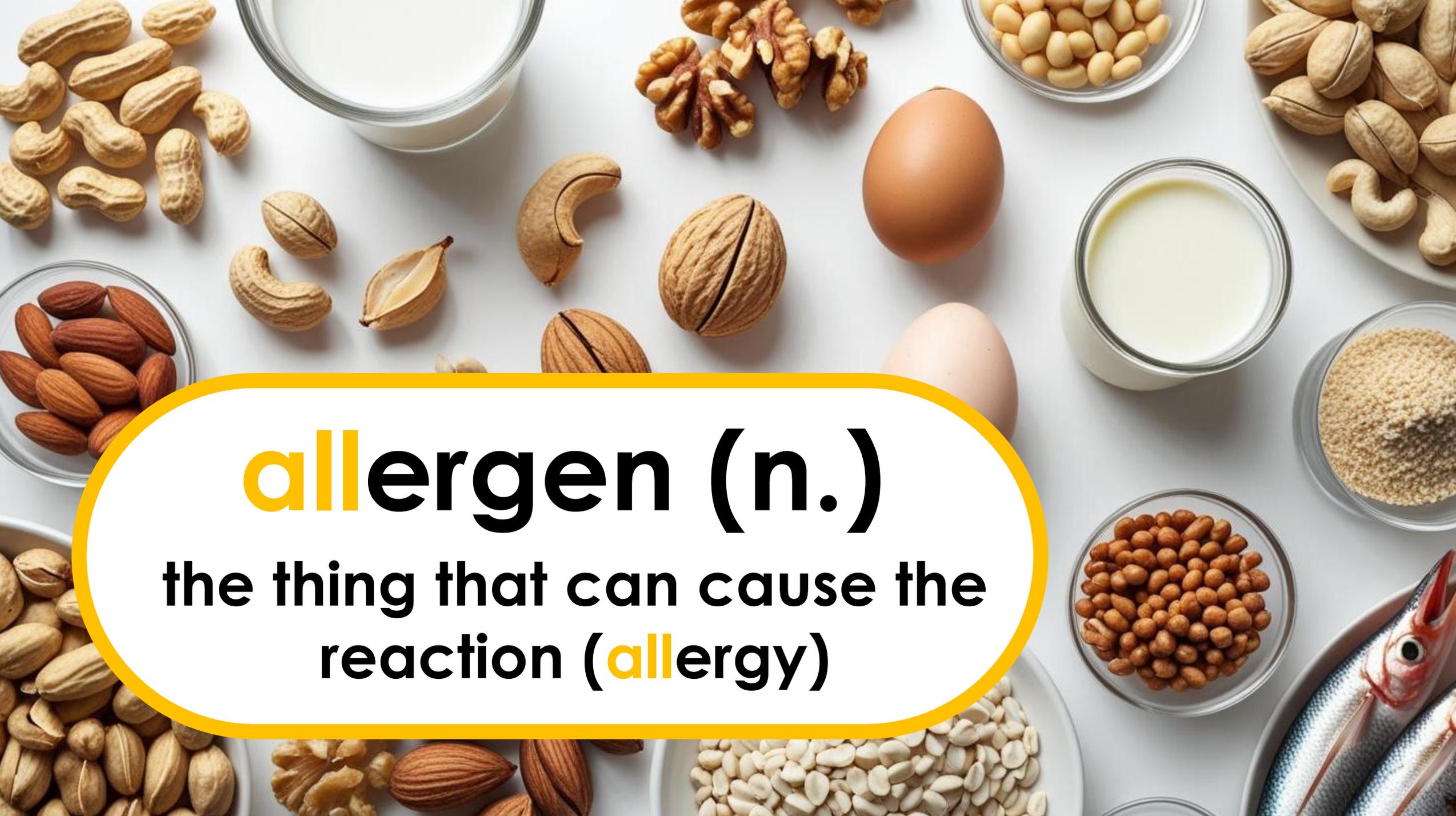
[adj.]

[allergen]



## Learning Objectives

- 1. Students will be able to pronounce vocabulary related to food allergies.**
- 2. Students will be able to listen to the audio about food allergies and respond to questions.**

A top-down view of various allergenic foods including nuts, eggs, dairy, and fish. The background is a light gray surface. In the top left, there are several cashews. In the top center, a glass of white milk. In the top right, a small glass bowl of pine nuts. In the middle left, a small glass bowl of almonds. In the middle center, a whole brown egg. In the middle right, another glass of white milk. In the bottom left, a large pile of almonds. In the bottom center, a small glass bowl of peanuts. In the bottom right, a small glass bowl of almond meal and a whole fish on a plate.

**allergen (n.)**

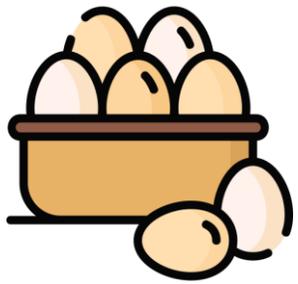
**the thing that can cause the  
reaction (allergy)**



# Major Food Allergens



**milk**



**eggs**



# **tree nuts**

**a type of nut that grows on  
a tree**



# tree nuts



**almonds**



**cashews**



# tree nuts



**walnuts**



**pecans**



# tree nuts



**hazelnuts**



**pistachios**



# tree nuts



# Brazil nuts



# peanuts

oval-shaped nuts that grow  
underground



# shellfish

sea creatures that live in shells and are eaten as food



# shellfish



**shrimps**



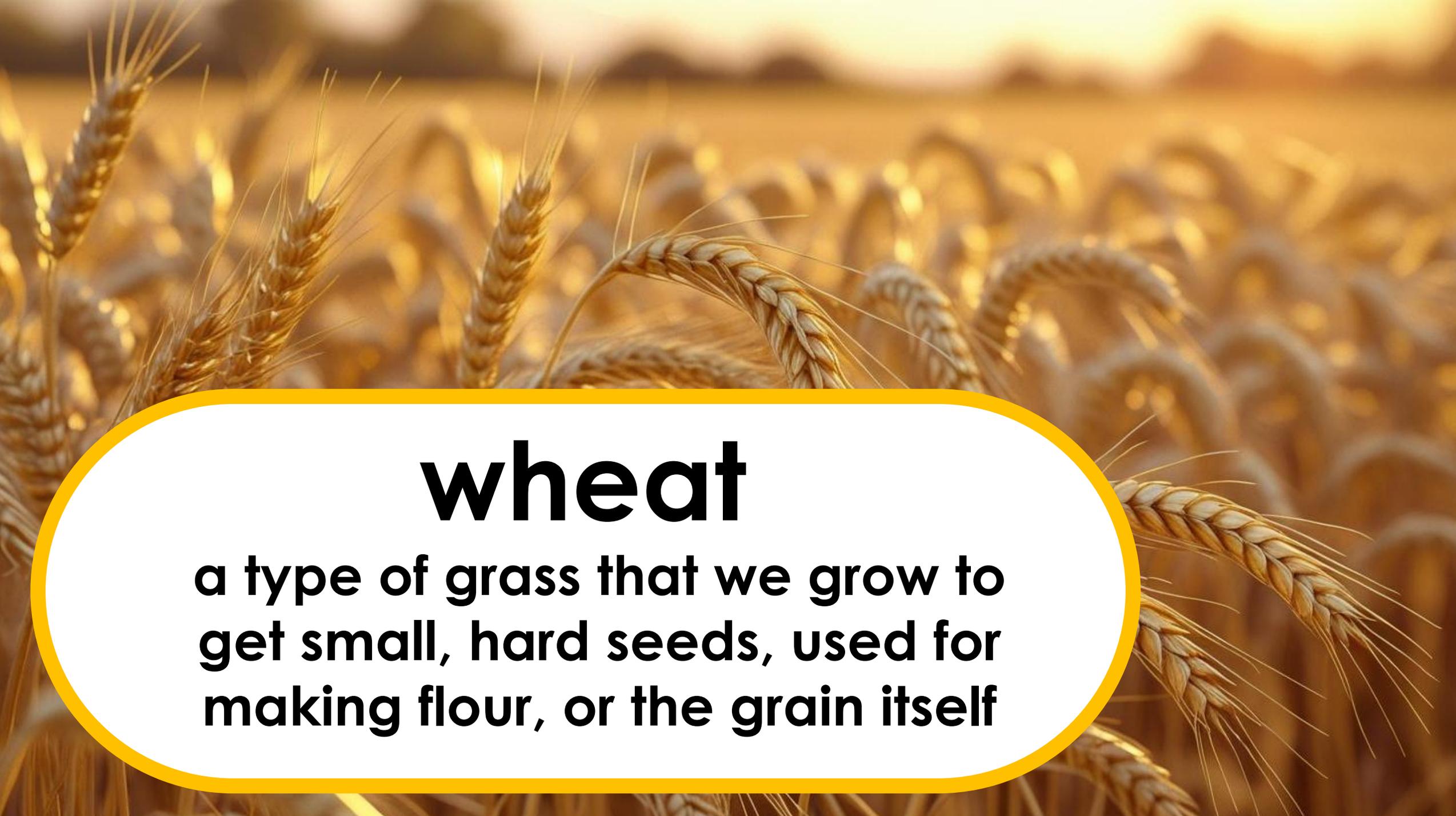
**crabs**

 **shellfish**



**lobster**





# wheat

**a type of grass that we grow to get small, hard seeds, used for making flour, or the grain itself**

**soybean**



**fish**



**allergy (n.)**  
**the body's reaction**



# Food Allergy Symptoms





**swollen (adj.)**

**I got a swollen hand.**



**itchy** (adj.)

I feel itchy on my elbow.

A close-up photograph of a young child's face, showing a red, irritated skin rash on the forehead and cheeks. The child has light brown hair and is looking down. The background is blurred, showing a wooden table and a green wall.

**rash (n.)**

**I get a rash on my face.**

A close-up photograph of a person's arm, showing a large, raised, red, and inflamed area of skin, which is a hive. The background is a wooden surface.

**hive (n.)**

**I get hives on my arm.**



**diarrhea (n.)**

**She gets diarrhea.**

A person is sitting on a bench outdoors, holding their right leg. The calf area of the leg is highlighted with a red glow, indicating a cramp. The person is wearing a grey sock and a dark grey sneaker. The background is a blurred outdoor setting with a paved path.

**cramp (n.)**

**He gets cramps in his leg.**



# ใบงานที่ 14

## Food Allergy



(สามารถดาวน์โหลดได้ที่ [www.dltv.ac.th](http://www.dltv.ac.th))

ใบงานที่ 14 เรื่อง Food Allergy

หน่วยการเรียนรู้ที่ 2 เรื่อง Food

แผนการจัดการเรียนรู้ที่ 13 เรื่อง Eating Habits (1)

รายวิชา ภาษาอังกฤษ รหัสวิชา อ22101 ภาคเรียนที่ 1 ชั้นมัธยมศึกษาปีที่ 2

ชื่อ - สกุล ..... ชั้น..... เลขที่.....

Directions: Listen to the audio and choose the correct answer.

1. Is **milk** one of the major food allergens?
  - a. TRUE
  - b. FALSE
2. Which one is **NOT** allergic symptom?
  - a. itchy
  - b. fever
  - c. stomachache
  - d. hives
3. If you're allergic to food, what can you do?
  - a. Make sure everyone knows about your allergy.
  - b. Carry your allergic medicine everywhere.
  - c. Always check food labels.
  - d. All of them are correct.
4. Are food allergies dangerous?
  - a. Yes, they can stop breathing.
  - b. No, they're just temporary symptoms.
  - c. No, they're not dangerous.
  - d. All of them are correct.
5. What is Paul allergic to?
  - a. crustacean shellfish
  - b. soybean
  - c. fish
  - d. homework



## Worksheet 14

1. Is milk one of the major food allergens?

a. TRUE

b. FALSE



## Worksheet 14

**2. Which one is NOT allergic symptom?**

**a. itchy**

**b. fever**

**c. stomachache**

**d. hives**



## Worksheet 14

- 3. If you're allergic to food, what can you do?**
- a. Make sure everyone knows about your allergy.**
  - b. Carry your allergic medicine everywhere.**
  - c. Always check food labels.**
  - d. All of them are correct.**



## Worksheet 14

**4. Are food allergies dangerous?**

- a. Yes, they can stop breathing.**
- b. No, they're just temporary symptoms.**
- c. No, they're not dangerous.**
- d. All of them are correct.**



## Worksheet 14

**5. What is Paul allergic to?**

- a. crustacean shellfish**
- b. soybean**
- c. fish**
- d. homework**





## Worksheet 14

1. Is milk one of the major food allergens?

a. TRUE

b. FALSE



## Worksheet 14

2. Which one is NOT allergic symptom?

a. itchy

b. fever

c. stomachache

d. hives



## Worksheet 14

- 3. If you're allergic to food, what can you do?**
- a. Make sure everyone knows about your allergy.**
  - b. Carry your allergic medicine everywhere.**
  - c. Always check food labels.**
  - d. All of them are correct.**



## Worksheet 14

**4. Are food allergies dangerous?**

- a. Yes, they can stop breathing.**
- b. No, they're just temporary symptoms.**
- c. No, they're not dangerous.**
- d. All of them are correct.**



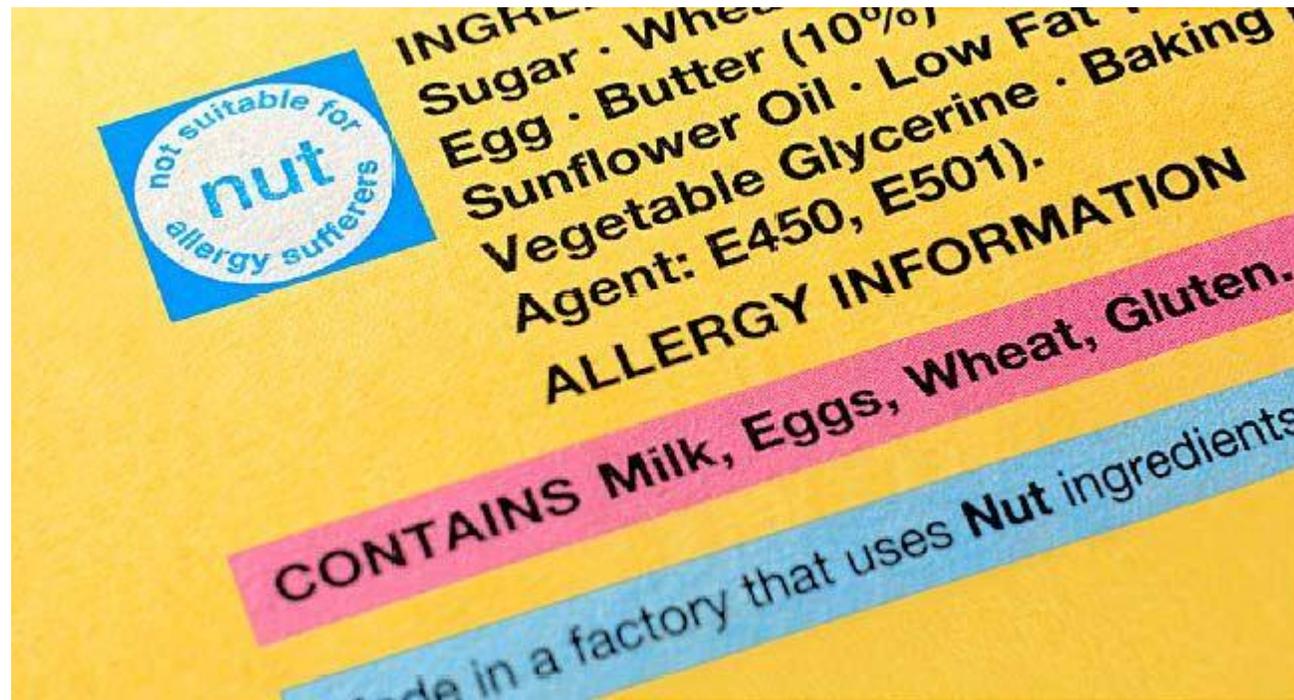
## Worksheet 14

**5. What is Paul allergic to?**

- a. crustacean shellfish**
- b. soybean**
- c. fish**
- d. homework**

# How can you protect yourself?

**Always check food labels.**



# How can you protect yourself?

**Don't trade food with others.**



# How can you protect yourself?

**Carry your allergy medicine everywhere.**



# How can you protect yourself?

**Must speak up; tell everyone and make sure they know about your allergies.**





What are the common food allergens?



What happens if you eat those things?



บทเรียนครั้งต่อไป

# Places Around the Town





## สิ่งที่ต้องเตรียม

1. ใบงานที่ 1 เรื่อง Places Around the Town
2. ใบงานที่ 2 เรื่อง I'm going to the library
3. ใบงานที่ 3 เรื่อง Where are you going?



(สามารถดาวน์โหลดได้ที่

[www.dltv.ac.th](http://www.dltv.ac.th))

