

รายวิชา ภาษาอังกฤษ

รหัสวิชา อ22102

ชั้นมัธยมศึกษาปีที่ 2

# Social Media Addiction

ครูผู้สอน ครูศุภณัฐ รักพงษ์

ครูสรวรรยา อุทรพรหม



# phobia

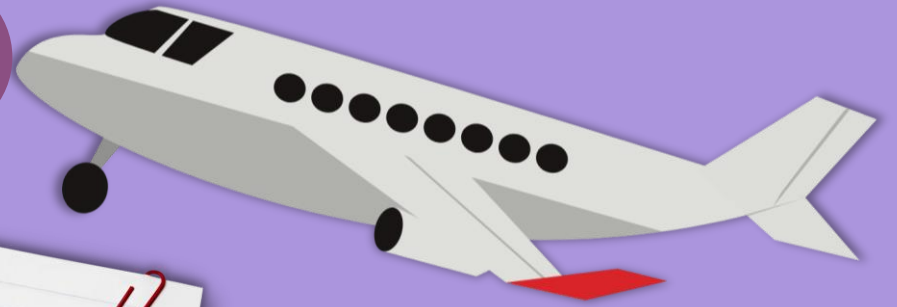


zoophobia

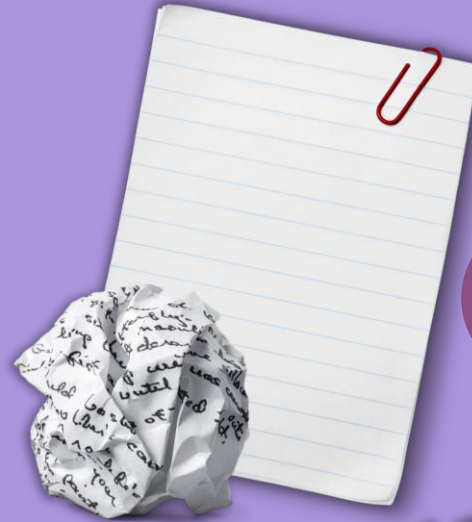
aerophobia

pyrophobia

1



2



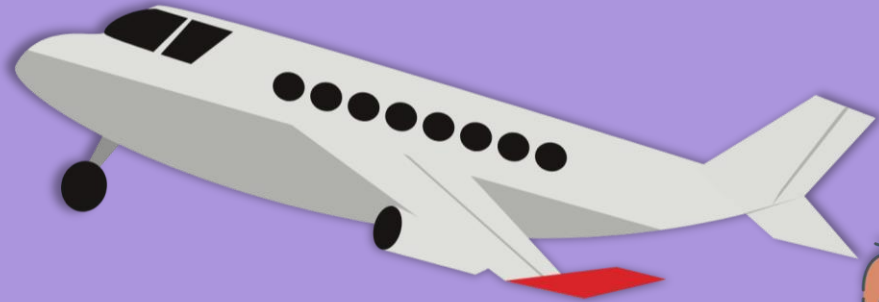
3



**zoophobia**



**aerophobia**



**papyrophobia**

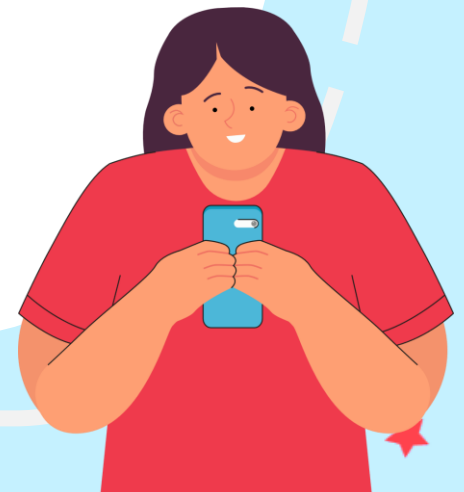


# Social Media Addiction



# จุดประสงค์การเรียนรู้

1. รู้และเข้าใจความหมายของคำศัพท์จากการอ่านเรื่อง Do You Have Nomophobia?
2. อ่านออกเสียงเรื่อง Do You Have Nomophobia? ได้อย่างถูกต้อง
3. ถามและตอบเกี่ยวกับโรคกลัวการขาดมือถือ (Nomophobia) กับคู่สนทนาได้





**I think social media  
is good for learning.**

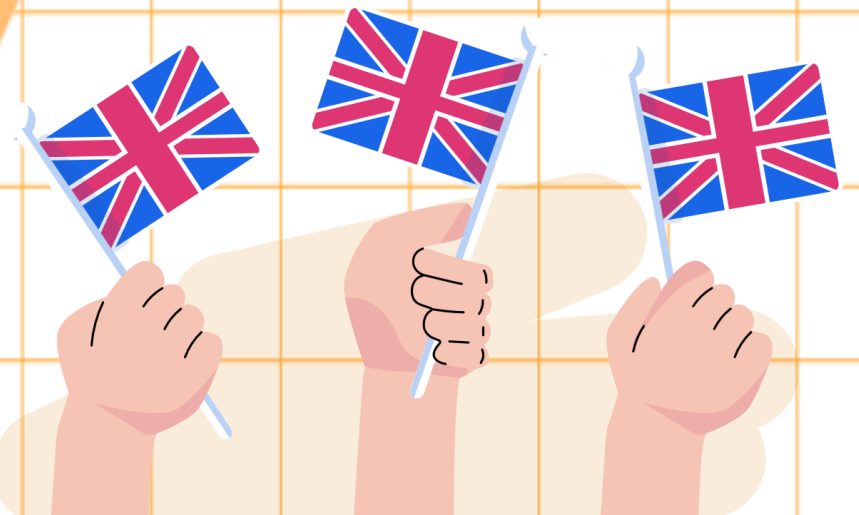


**I think using social media is stressful.**





# Vocabulary





**weather** (n.)

**Smartphones can be used to check  
the **weather** or follow the news.**

A woman with long blonde hair is lying in bed, looking distressed. She has her hand to her face, covering her mouth, and her eyes are closed. The room is dimly lit, suggesting it might be nighttime. The background is dark and out of focus.

**nomophobia** (n.)

**For people with **nomophobia**, smartphones can be harmful.**



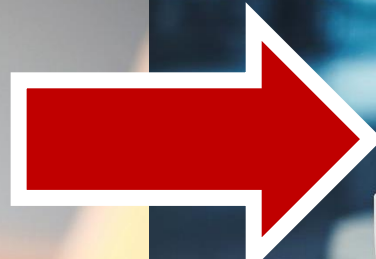
**For people with **nomophobia**, smartphones can be harmful.**



**harmful** (adj.)

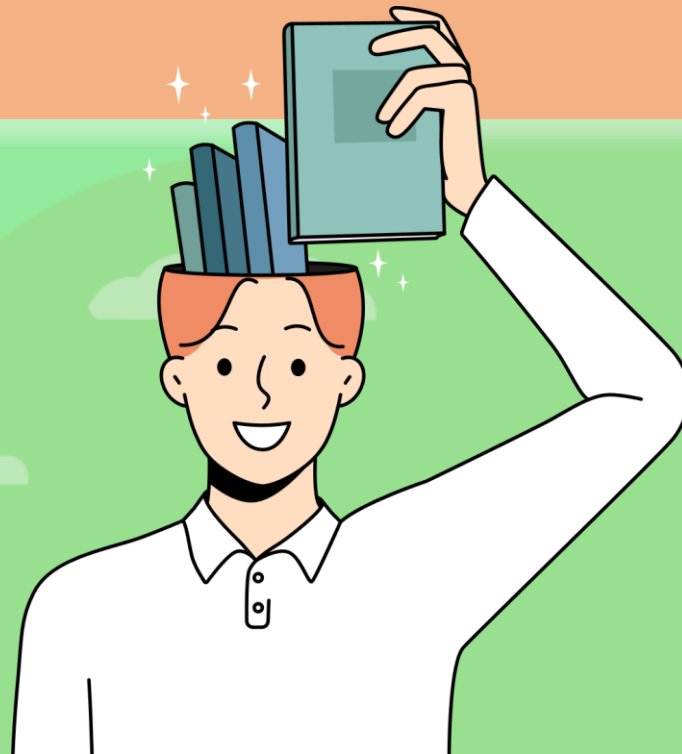
**For people with nomophobia, smartphones can be harmful.**

**worse (adj.)**



**You should check yourself  
before it's getting worse!**

# Check Your Memory





**nomophobia** (n.)



**worse** (adj.)



**weather** (n.)



**harmful** (adj.)



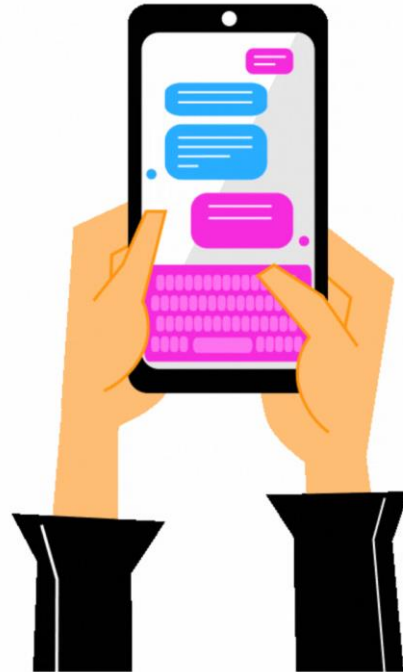
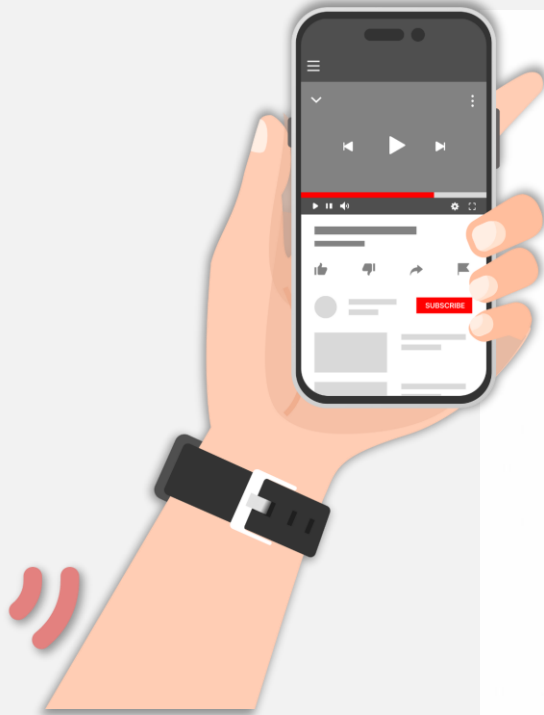
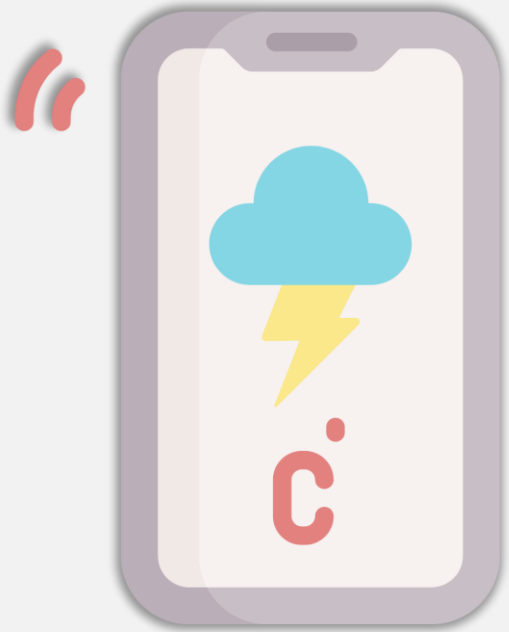
# Do You Have Nomophobia?



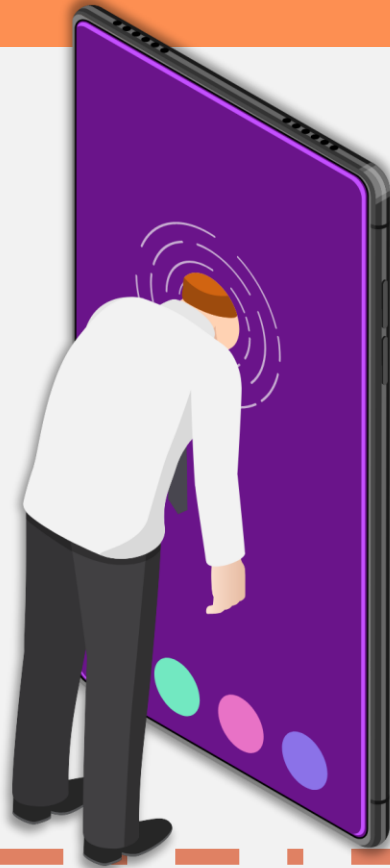
**Everyone knows that smartphones make life easier.**



**They can check the weather,  
watch movies, chat with friends,  
or read the news.**



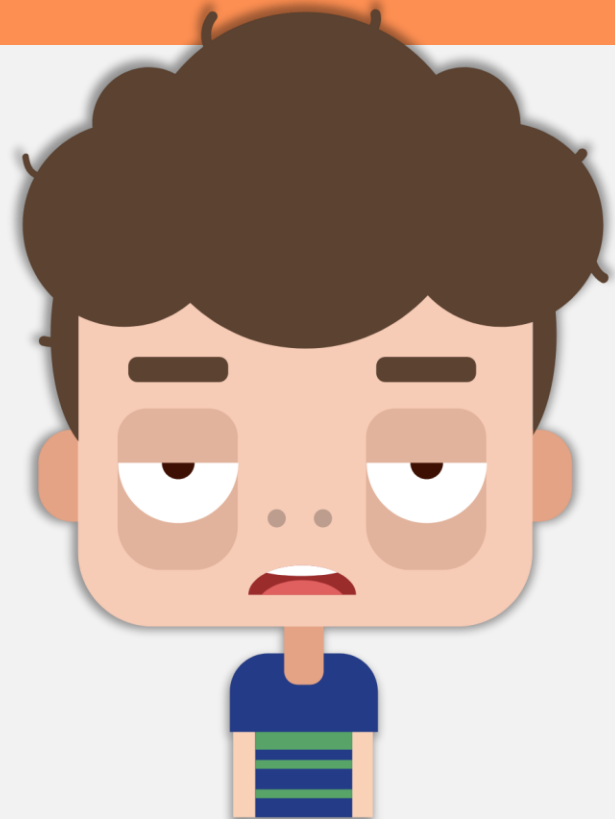
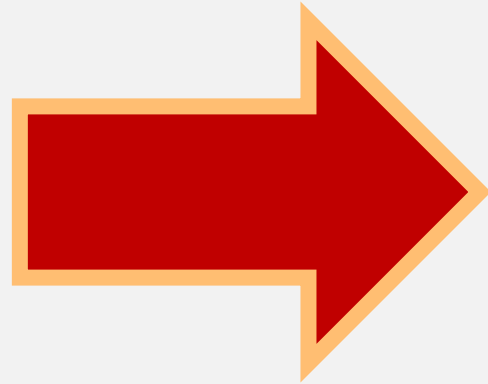
**But for people with nomophobia, smartphones can be harmful.**



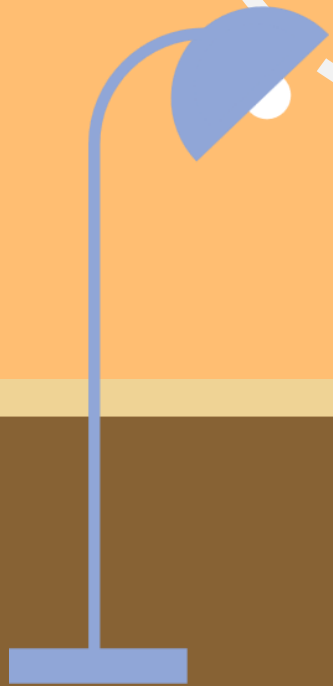
**Nomophobia is considered  
smartphone addiction, short for  
"NO MOBILE PHOne PhOBIA."**



**That's right—let's check yourself  
before it's getting worse!**



# Read It Out

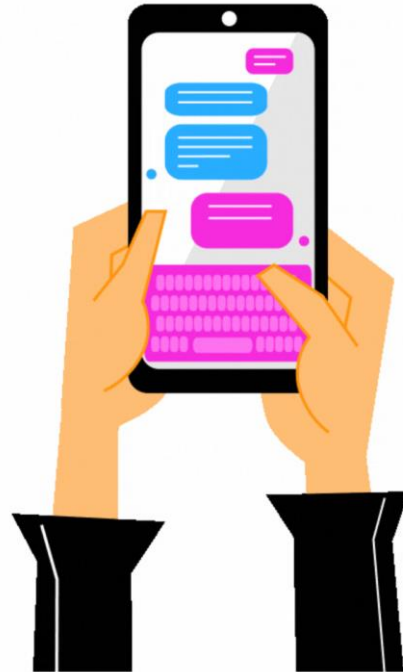
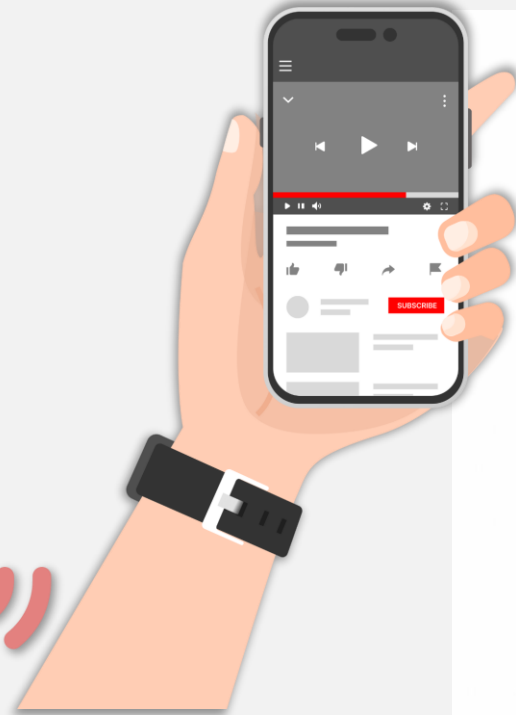
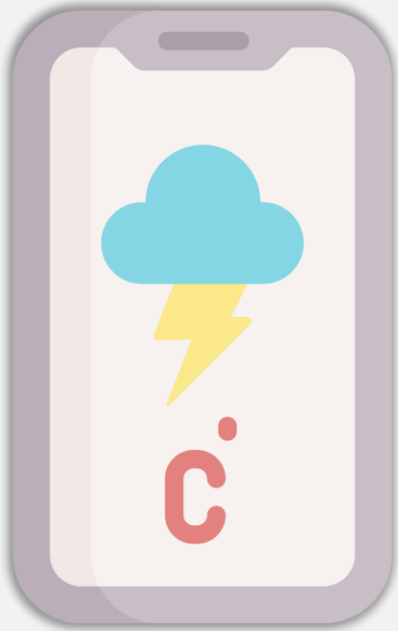


**Everyone knows that smartphones make life easier.**

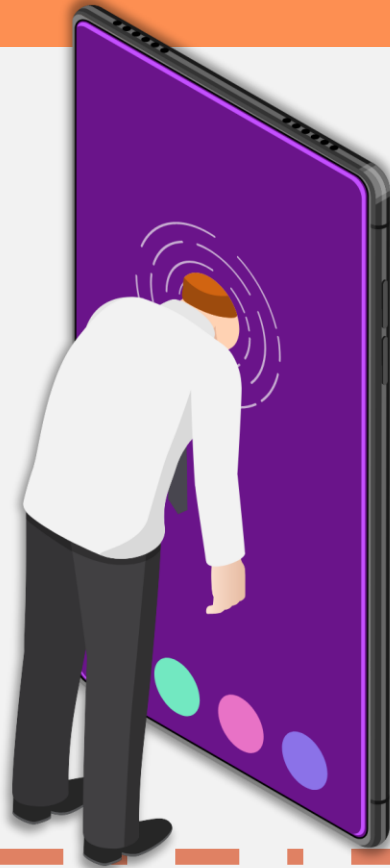




**They can check the weather,  
watch movies, chat with friends,  
or read the news**



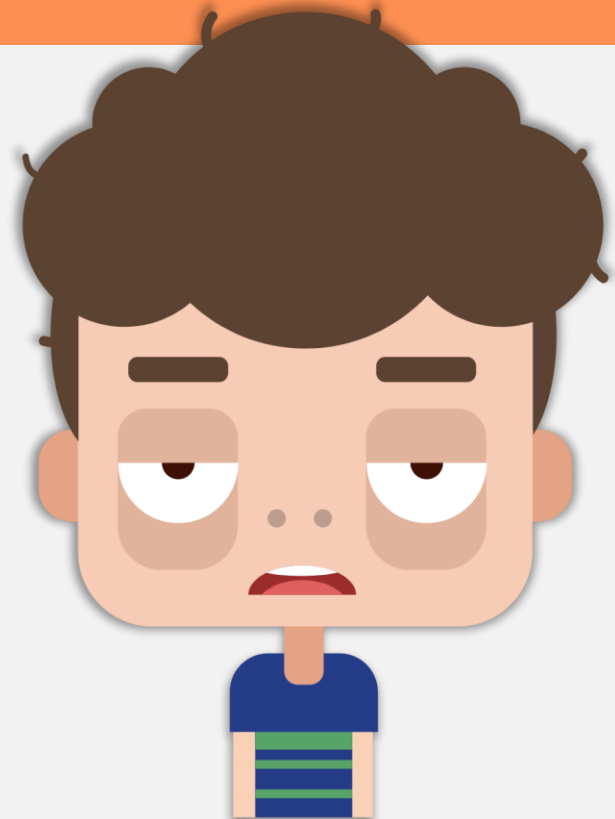
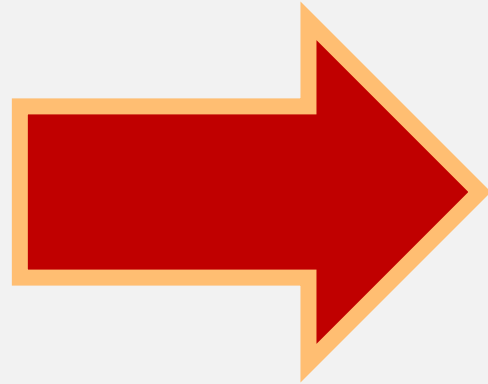
**But for people with nomophobia, smartphones can be harmful.**



**Nomophobia is considered  
smartphone addiction, short for  
"NO MOBILE PHOne PhOBIA."**



**That's right—let's check yourself  
before it's getting worse!**



# Worksheet 1

## Do you have nomophobia?

### Part A

**Directions:**

**Complete  
the questionnaire  
and discuss the result  
with your classmates.**

ใบงานที่ 1 เรื่อง Do you have nomophobia?

หน่วยการเรียนรู้ที่ 5 เรื่อง Social Media

แผนการจัดการเรียนรู้ที่ 6 เรื่อง Social Media Addition

รายวิชา ภาษาอังกฤษ รหัสวิชา อ22102 ภาคเรียนที่ 2 ชั้นมัธยมศึกษาปีที่ 2

Part A:

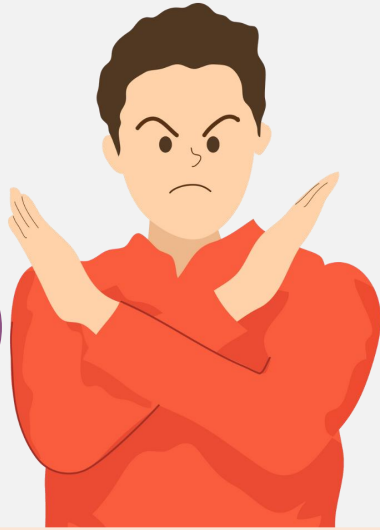
Instructions: Complete the questionnaire and discuss the result with your classmates.

Signs you may have nomophobia	A Never or hardly ever	B Sometimes	C Often or always
1. I feel stressful when I can't find information on my phone.			
2. I feel worried when my smartphone is running out of battery.			
3. If I can't check my phone for a while, I will feel a need to check it.			
4. I feel worried because I can't check my messages.			
5. I always stay up-to-date with my social media.			

Mostly A: Congratulations! You can manage yourself well with your phone.  
Mostly B: You have to be careful with the time spending on your phone.  
Mostly C: Oh dear! It's time to log off your phone and enjoy your life out of the screen!

1

A



**Never**  
**Hardly Ever**

B



**Sometimes**

C

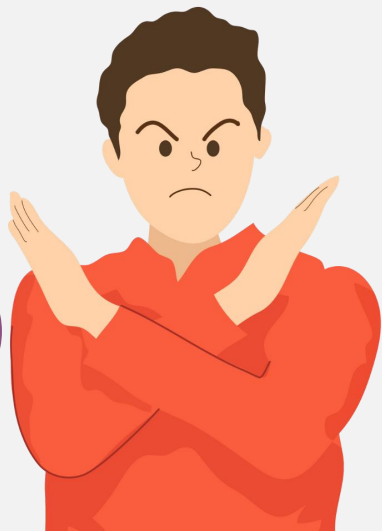


**Often**  
**Always**

**I feel stressful when I can't find  
information on my phone.**

2

A



**Never**  
**Hardly Ever**

B



**Sometimes**

C

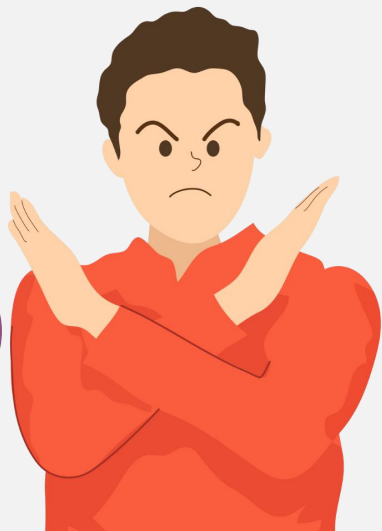


**Often**  
**Always**

**I feel worried when my smartphone  
is running out of battery.**

3

A



**Never**  
**Hardly Ever**

B



**Sometimes**

C



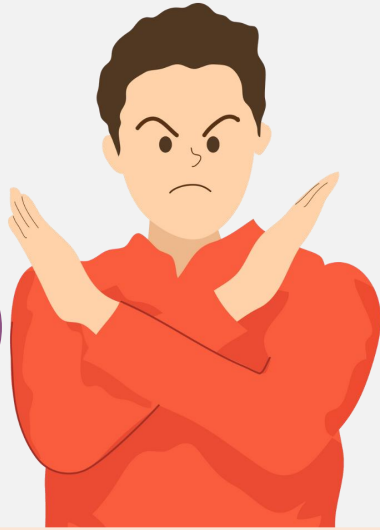
**Often**  
**Always**

**If I can't check my phone for a while,  
I will feel a need to check it.**



4

A



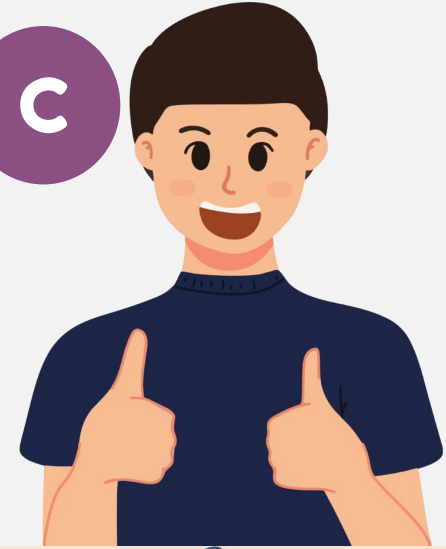
**Never**  
**Hardly Ever**

B



**Sometimes**

C

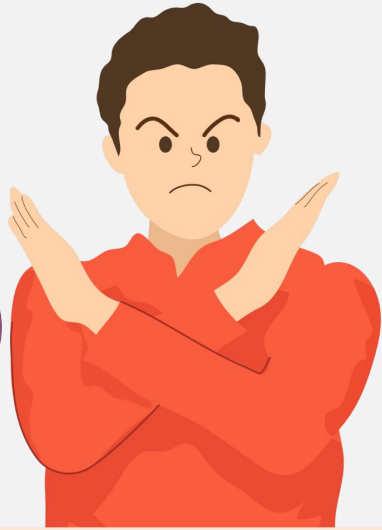


**Often**  
**Always**

**I feel worried because  
I can't check my messages.**

5

A



**Never**  
**Hardly Ever**

B



**Sometimes**

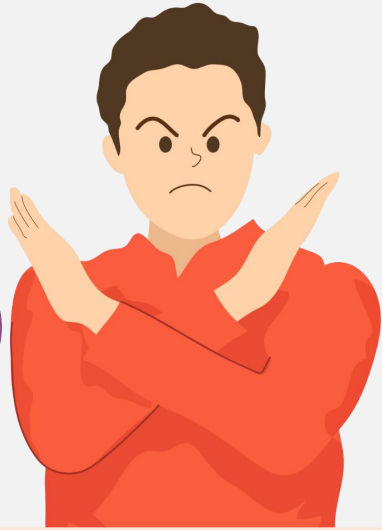
C



**Often**  
**Always**

**I always stay up-to-date  
with my social media.**

A



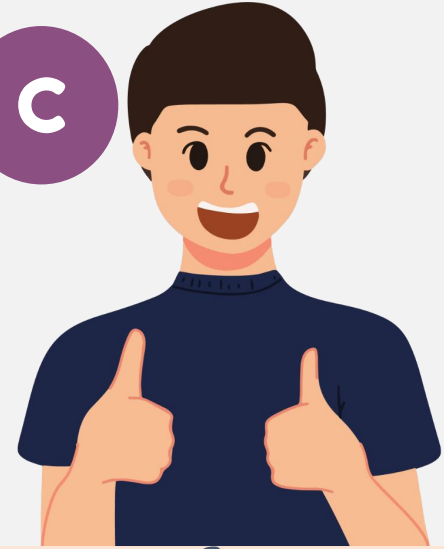
**Never  
Hardly Ever**

B



**Sometimes**

C



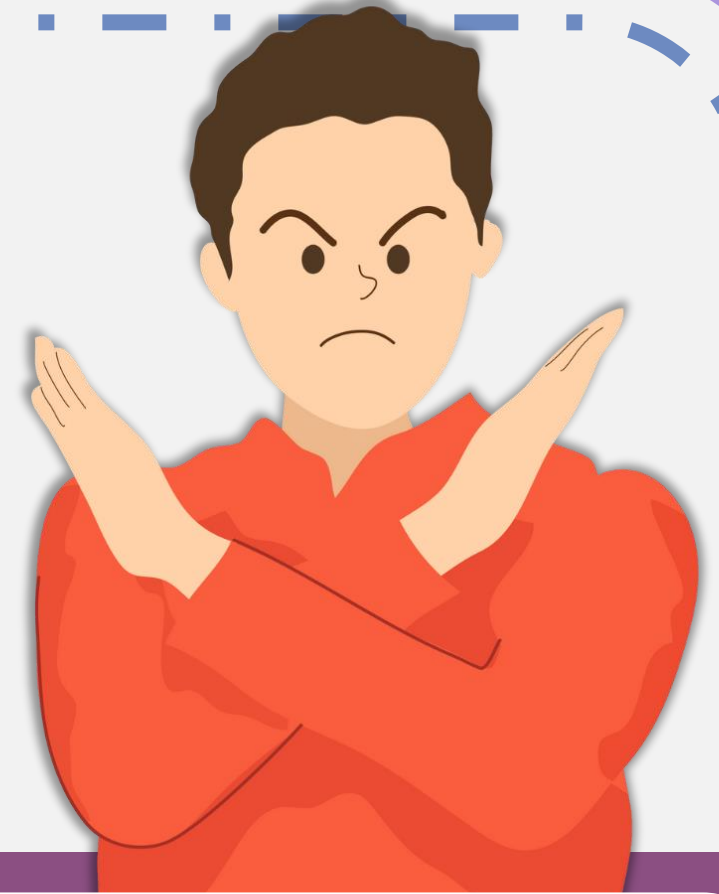
**Often  
Always**

# Check Your Answers

**Mostly**



**Never  
Hardly Ever**



**Congratulations! You can manage  
yourself well with your phone.**

**Mostly**

**B**

**Sometimes**

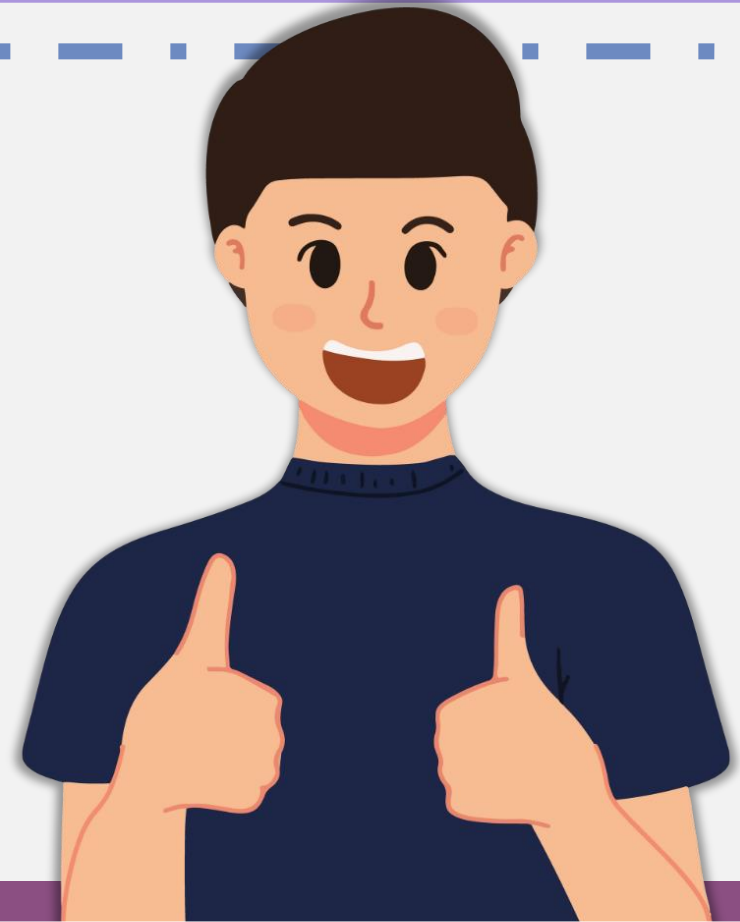


**You have to be careful with  
the time spending on your phone.**

**Mostly**



**Often  
Always**



**Oh dear! It's time to log off your phone  
and enjoy your life out of the screen!**

# Worksheet 1

## Do you have nomophobia?

### Part B

#### Part B:

**Instructions:** Find your classmate and ask him/her with the questionnaire, then present the result in front of the class.

#### Guideline for Presentation

A: What do you mostly answer?

B: I mostly answer \_\_\_\_\_ **B - Sometimes** \_\_\_\_\_.

A: It means \_\_\_ **you have to be careful with the time spending on your phone** \_\_\_\_.

### Directions:

**Find your classmate and ask him/her with the questionnaire, then present the result in front of the class.**

## Guideline

**A: What do you mostly answer?**

**B: I mostly answer B - Sometimes.**

**A: It means**

**you have to be careful with  
the time spending on your phone.**



# Let's Review





**nomophobia** (n.)



**worse** (adj.)



**weather** (n.)



**harmful** (adj.)

บทเรียนครั้งต่อไป

**It's Time to Log off.**

สิ่งที่ต้องเตรียม


ใบงานที่ 1 “Make It Right”

ใบงานที่ 2 “Story Creator”



(สามารถดาวน์โหลดได้ที่ [www.dltv.ac.th](http://www.dltv.ac.th))



A hand holding a smartphone, with a white text box overlaid on the screen. The text box contains a quote in bold black font. The background is a blurred image of a person's hand holding a smartphone.

**The challenge for a human now  
is to be more interesting to another  
than his or her smartphone.**

**~ Alain de Botton ~**