

Score

/ 7

Exercise 1 Match the words in bold to their synonyms.

- | | | | |
|------------------|---|---|----------------|
| 1. yet | ● | ● | contain |
| 2. impact (n.) | ● | ● | injure |
| 3. harbor (n.) | ● | ● | get in the way |
| 4. strain | ● | ● | but |
| 5. emit | ● | ● | strong effect |
| 6. interfere | ● | ● | cause |
| 7. contribute to | ● | ● | send out |

Score

/ 4

Exercise 2 Write T (true) or F (false) for each statement.

1. _____ The writer thinks that mobile phones do not have any advantages.
From which paragraph can you find the answer? _____
2. _____ Germs on our phones can make us sick.
From which paragraph can you find the answer? _____
3. _____ The writer suggests we take a break every 40 minutes while using a smartphone.
From which paragraph can you find the answer? _____
4. _____ Smartphones and computers emit ultraviolet light.
From which paragraph can you find the answer? _____

Exercise 3 Answer the following questions.

1. According to the passage, how do our phones become dirty?

From which paragraph can you find the answer? _____

2. What does the writer suggest we do to our phones every day?

From which paragraph can you find the answer? _____

3. What are some exercises we can do to strengthen the muscles?

From which paragraph can you find the answer? _____

4. How does blue light affect our health?

From which paragraph can you find the answer? _____



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Score

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Exercise 2 Write T (true) or F (false) for each statement.

1. F The writer thinks that mobile phones do not have any advantages.
From which paragraph can you find the answer? 1 and 5
2. T Germs on our phones can make us sick.
From which paragraph can you find the answer? 2
3. F The writer suggests we take a break every 40 minutes while using a smartphone.
From which paragraph can you find the answer? 3
4. F Smartphones and computers emit ultraviolet light.
From which paragraph can you find the answer? 4

Exercise 3 Answer the following questions.

1. According to the passage, how do our phones become dirty?

Our phones pick up viruses and bacteria by chance when we carry them around.

From which paragraph can you find the answer? 2

2. What does the writer suggest we do to our phones every day?

Clean the phones with alcohol-based wipes.

From which paragraph can you find the answer? 2

3. What are some exercises we can do to strengthen the muscles?

Yoga and Pilates.

From which paragraph can you find the answer? 3

4. How does blue light affect our health?

It interferes our sleep and may cause a heart disease.

From which paragraph can you find the answer? 4



